

To the Editor, August 17, 2020

### **Do Computer Monitors Emit Radiation?**

Do Computer monitors emit radiation? Yes, they do, but it might be different from what you would think.

All sorts of devices emit EMF radiation, and your computer monitor is no different. However, newer monitors emit far less than the old CRT versions.

<https://emfacademy.com/computer-monitor-radiation-everything-you-need-to-know/>

### **Is Computer Radiation Damaging Your Health?**

If you use computers at work or at home, or both, then computers may be your biggest source of electromagnetic radiation (EMR). Could this radiation threaten your health?

<https://emwatch.com/computer-radiation-may-damage-your-health/>

### **Microwaves, Radio Waves, and Other Types of Radiofrequency Radiation**

Radiation is the emission (sending out) of energy from any source. X-rays are an example of radiation, but so is the light that comes from the sun and the heat that is constantly coming off our bodies.

<https://www.cancer.org/cancer/cancer-causes/radiation-exposure/radiofrequency-radiation.html>